



Offered by Life Insurance Company of North America, a Cigna company

## ACCIDENTAL INJURY WELLNESS BENEFIT

### Wellness, Health Screening Test or Preventive Care Benefit Cigna Accidental Injury Insurance

Your Cigna Accidental Injury insurance plan comes with a Wellness, Health Screening Test or Preventive Care benefit. This benefit is paid for each covered person who completes at least one wellness visit, health screening test or preventive care service, as specified below. This benefit is limited to one per year per covered person.

#### Wellness visits

- › Adult immunizations
- › Cancer screenings
- › Colorectal cancer screenings
- › General health exams
- › Lead poisoning screenings
- › Osteoporosis screenings
- › Routine gynecological exams
- › Routine prostate exams
- › Well child care – including visits, labs and immunizations

#### Health screening tests

- › Bone marrow testing
- › Breast cancer blood test (CA 15-3)
- › Breast ultrasound
- › Chest x-ray
- › Colon cancer blood test (CEA)
- › Colonoscopy
- › Fasting blood glucose test
- › Flexible sigmoidoscopy
- › Hemocult stool specimen
- › Mammography
- › Myeloma blood test (serum protein electrophoresis)
- › Ovarian cancer blood test (CA125)
- › Pap smear for women over age 18
- › Prostate specific antigen (for prostate cancer)
- › Serum cholesterol test to determine levels of HDL and LDL
- › Stress test on a bicycle or treadmill
- › Thermography
- › Triglycerides blood test

## Preventive care

The Patient Protection and Affordable Care Act (PPACA) requires preventive health services for the following preventive care services:

- › Evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force
- › Immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention with respect to the covered person involved
- › For infants, children and adolescents: evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration
- › For women, such additional preventive care and screenings not described in paragraph

Detailed information about these services is available at [healthcare.gov/what-are-my-preventive-care-benefits](http://healthcare.gov/what-are-my-preventive-care-benefits)

## Benefit Exclusions and Limitations

Services must be provided under the direction of a physician. A 30-day waiting period may apply depending on the terms of your employer's specific group policy. The waiting period is the period of time following the effective date of coverage, during which no benefits are payable.

## Filing a claim is easy.

Simply download and complete your claim and disclosure authorization forms, which can be found at [Cigna.com/customer-forms](http://Cigna.com/customer-forms). Then, submit your forms via the method that's most convenient for you.

**Phone:** Call **800.754.3207** to speak with one of our dedicated customer service representatives

**Fax:** Send documents to our fax line at 860.730.6460

**Email:** Send scanned documents to [accidentinjury/criticalillness@Cigna.com](mailto:accidentinjury/criticalillness@Cigna.com)

**Mail:** Send documents to  
Cigna Phoenix Claim Services  
P.O. Box 55290  
Phoenix, AZ 85078



This is not intended as a complete description of the insurance coverage offered. This is not a contract. Please see your Plan Sponsor to obtain a copy of the Policy. If there are any differences between this summary and the Group Policy, the information in the Group Policy takes precedence. Product availability, costs, benefits and/or features may vary by state. All group insurance policies and benefit plans may contain exclusions, limitations, reduction of benefits, and terms under which the policies may be continued in force or discontinued. For costs and complete details of coverage, see your plan documents. Please keep this material as a reference. Insurance coverage is issued on group policy form number: GAI-00-1000; GAI-00-1000.OR. Coverage is underwritten by Life Insurance Company of North America, 1601 Chestnut St. Philadelphia, PA 19192.

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