

This open enrollment, remember to look for Virta.

Virta is your type 2 diabetes and prediabetes reversal treatment

When thinking about your healthcare benefits, it's important to select a plan that's right for you and your family. And for those with type 2 diabetes or prediabetes, that means choosing a plan that includes Virta.

Virta is a medically supervised, research-backed type 2 diabetes and prediabetes reversal treatment that can help you get off your diabetes medication, naturally control your blood sugar, and A1c, and help you lose weight.

While Mercury is covering the majority of the cost of Virta, there is a \$150 copay for the patient for the first year and a \$100 copay for the patient for ongoing years.

What you get on Virta:

-  Medical care from a physician-led team.
-  Unlimited one-on-one health coaching.
-  Diabetes testing supplies like meters and strips, delivered right to your door!
-  Smartphone app for tracking ketones, glucose, and weight.
-  Practical resources like recipes, food lists, and meal plans.
-  Videos, games, and guides that teach you about nutrition.
-  Access to a private online patient community.

Visit: www.virtahealth.com/join/mercury to learn more.

Question? Email support@virtahealth.com

Virta is available to Mercury Insurance team members and spouses between the ages of 18 and 79 who are enrolled in a Mercury Insurance health plan. This benefit is currently being offered to those with type 2 diabetes and prediabetes. While Mercury is covering the majority of the cost of Virta, there is a \$150 copay for the patient for the first year and a \$100 copay for the patient for ongoing years. There are some serious medical conditions that would exclude patients from the program. Start the application process now to find out if you qualify

Your health information is protected and is 100% confidential. Virta will never share your health information with Mercury or third parties other than your medical provider.